

# The Bug Out Bag Guide

## Every Day Carry Kit Checklist

### EDC Kit Tips:

- You DO NOT need to pack all of the items below, pick what suits you best
- Assess the threats & climate where you live, pack gear that targets these accordingly
- Update your kit seasonally if you have a range of weather and temperature
- Periodically review your kit to add/remove gear as your needs change
- There is no one right answer, make your EDC kit your own!

### Personal

- Wallet
- Cash
- Credit Cards
- Keys
- Phone
- Sunglasses
- Change of Clothes
- Watch

### Safety

- Basic First Aid Kit
- Gloves
- Earplugs
- Dust Mask
- Full Medkit
- Glassbreaker/  
Seatbelt Cutter

### Tools

- EDC Flashlight
- Folding Knife
- Lighter
- Multitool
- Paracord
- Fixed Blade Knife

### Survival

- Survival Whistle
- Folding Saw/Hatchet
- Hydration Bladder
- Mini survival kit
- Pry Tool
- Rain Gear
- Water Bottle

### Work/School

- Camera
- Pen/Pencil
- Waterproof Notepad
- E-Reader
- Laptop
- Tablet

### Self Defense

- Kubotan
- Pepper Spray
- Tactical Pen
- Handgun
- Extra ammunition